Women's Health
LODDON MALLEE

Sexual and Reproductive Health Services in the Loddon Mallee

Bendigo Community Health Services - Sexual and Reproductive Health Hub

LOCATION: 165-171 Hargreaves Street, Bendigo, VIC 3550
PH: 03 5406 1200
EMAIL: bchs@bchs.com.au

The Sexual and Reproductive Health Hub has a specialist team dedicated to supporting people of all genders and sexual orientations.
Services include:

- Contraception services and advice
- Free condoms – also available in the waiting room
- Free sanitary products – also available in the waiting room
- Free meningococcal C and hepatitis vaccines
- Anti-HIV medication PrEP
- Tests for all blood borne viruses and sexually transmittable infections
- Testing, support and advice for both planned and unplanned pregnancies
- Pregnancy options, including termination

Boort District Medical Centre

LOCATION: 2 Coutts Street, Boort, VIC, 3537
PH: 03 5451 5220
EMAIL: medicalreception@bdh.vic.gov.au

Sexual health services provided. Bulk-billing available for children under 16, pensioners and concession cardholders only. Access to female GP.

Central Highlands Rural Health – Sexual & Reproductive Health Hub Kyneton

LOCATION: 7-25 Caroline Chisholm Drive, Kyneton, VIC 3444
PH: 03 5422 9900
EMAIL: info@chrh.org.au

The Sexual and Reproductive Health Hub in Kyneton provides much-needed access to free Sexual and Reproductive Health (SRH) clinical services and information in a locally established, supportive and confidential environment. It is staffed by experienced SRH Nurses, partnering with GPs, Nurse Pra

Practitioners, Advanced Practice Nurses and Specialist services.
Services include:

- Sexual health education: Screening, and management of sexually transmitted infections (STIs) and blood-borne viruses, as well as cervical screening tests with options for self-collection or clinician collection.
- Contraception services: Providing information and counselling on all methods to prevent pregnancy, implant insertion and removal, IUD insertion and removal, post-insertion checkups, and emergency contraception.
- Reproductive health care: Pregnancy testing, pregnancy options counselling, and supported access and referral to services covering both medical and surgical termination of pregnancy, as well as follow-up care.

Dingee Bush Nursing Service

LOCATION: 21 King Street, Dingee, VIC 3571
PH: 03 5436 8309
EMAIL: admin@dbnc.com.au

Open Wed 8.30am-1pm. Free service provided by an accredited Nurse.
Services include:

- Womens Health Checks
- Cervical Screening
- Bowel Cancer Screening
- Contraceptive advice

Echuca Regional Health - Sexual and Reproductive Health Clinic

LOCATION: Hopwood Centre, Leichardt St, Echuca, VIC 3564
PH: 03 5485 5801
EMAIL: https://erh.org.au/contact/

The clinic is a free and confidential sexual and reproductive health service that offers clients a safe setting in which to discuss sexual health concerns and receive specialist sexual and reproductive health care. Information, support, clinical services and appropriate specialist referral for issues surrounding:

- Cervical screening (Pap smears)
- Information on reproductive & sexual health issues
- Menopause education and support
- Menstruation
- Breast health education
- Fertility education
- Sexually transmitted infections,
- Contraception
- Pregnancy testing
- Unplanned pregnancy support and referral

Inglewood and Districts Health Service

LOCATION: Wedderburn Community Centre, 24 Wilson Street, VIC 3518
PH: 03 5431 7000
EMAIL: admin@idhs.vic.gov.au

Kerang District Health

LOCATION: 13 Burgoyne Street, Kerang, VIC, 3579
PH: 03 5450 9200
EMAIL: kerhosp@kerhosp.vic.gov.au

Sexual health services available. No bulk billing available. Female GP.

Mallee District Aboriginal Services - Medical Clinic

KERANG CLINIC
LOCATION: 9 Nolan Street, Kerang, VIC, 3579
PH. 03 5412 6004
EMAIL: mlane@mdas.org.au

SWAN HILL CLINIC
LOCATION: 70 Nyah Road, Swan Hill, VIC, 3585
PH: 03 5032 8600
EMAIL: mlane@mdas.org.au

Sexual health services available. Bulk billing available. Female GP.

Maryborough District Health Services - Sexual & Reproductive Advice (SaRA) Clinic

LOCATION: 75 - 87 Clarendon Street, Maryborough, VIC 3465
PH: 03 5440 2314
EMAIL: SaRaClinic@mdhs.vic.gov.au

Our Sexual and Reproductive Advice (SaRA) Clinic aims to support the sexual and reproductive health needs, and well-being of women, girls, and gender-diverse people, regardless of where you live, work or socialise in the community.

The SaRA clinic is dedicated to empowering people to make decisions about their reproductive and sexual health that are right for them.

The clinic is free and confidential. No referral is required. The clinic provides services and advice around contraception, early pregnancy care, pregnancy choices (medical and surgical abortion), the morning after pill, pelvic pain, endometriosis, fertility and sexual health, with access to treatment, screening and prescriptions.

We provide time-critical treatment, advice, and counselling, including referral to specialist services based on the needs of each person and their family. You'll be seen by Endorsed Midwives, working with local GP clinics and specialists in our region.

Northern District Community Health

LOCATION: 34 Fitzroy Street, Kerang, VIC 3579
PH: 03 5452 1366
EMAIL: info@ndch.org.au

Services Available:

- Women's Health Checks
- Cervical screening
- STI checks
- Implanon insertion and removal
- Mirena & IUD

Sunraysia Community Health Service – Women's Sexual & Reproductive Health Hub

LOCATION: 137 Thirteenth Street, Mildura, VIC 3500
PH: 03 5022 5444
EMAIL: schs@schs.com.au

SCHS provides services that assist in managing all matters related to sexual and reproductive health, including referrals for treatment and support. This service is available to all. This service is bulk billed for clients with a current Medicare card.

Macedon Ranges Health Well Women's Clinic

LOCATION: 5 Neal Street, Gisborne, VIC 3437
PH: 03 5428 0300
EMAIL: reception@nealstmc.com.au

The Well Women's clinic operates at Macedon Ranges Health on Tuesday afternoons. This service for women enables you to discuss any sexual, skin care or general health issues with a Registered Div. 1 Nurse in a private and confidential setting. Running for up to an hour, the consultation allows time to discuss sensitive issues in detail. Services available include cervical screening.

Swan Hill District Health – Community Health

LOCATION: 125 Campbell Street, Swan Hill, VIC, 3585
PH: 03 5033 9337
EMAIL: chreception@shdh.org.au

Dhelkaya Health, Women's Health Clinic

LOCATION: Spencley House at Dhelkaya Health, 142 Cornish Street, Castlemaine, VIC, 3450
PH: 035471 3555
EMAIL: dhelkayahealth.org.au/maternity/further-information/#contact

The Women's Health Clinic provides care across a range of women's health needs, including, but not limited to:

- gynaecological health and concerns
- pelvic pain and endometriosis
- menstrual and period concerns
- menopause and perimenopause care
- sexual and reproductive health
- contraception and family planning
- abortion services
- assessment and management of common gynaecological conditions
- referral to other health professionals and specialist services when required.

The clinic is for people who were assigned female at birth. There are no out-of-pocket expenses for using this service. You'll need a GP referral to access the Women's Health Clinic.

Other places for Sexual and Reproductive Health Services and Information

Your GP (doctor)

1800 My Options

PH: 1800 696 784 for free and confidential information on contraception, pregnancy options and sexual health

Breast Screen Victoria

Breast Screen Victoria invites women aged 50-74 for free, routine breast screening.

Virtual Women's Health Clinic

The free virtual women's health clinic offers expert care for all women, girls, and gender-diverse people across Victoria. Accessible, inclusive, and confidential help – via phone or video, wherever you are. No referral or Medicare card required.

MSI Australia

Australia's leading specialised non-profit advocate and provider of abortion and contraception services.

Sexual Health Victoria Sexual Health Clinics

Sexual Health Victoria is a state-wide independent charity, for-purpose, all-choice organisation that focuses on reproductive and sexual health care, education and advocacy.

For all after hours support and information regarding medical terminations of pregnancy (MTOP) please call the 24 hour helpline on 1300 003 707 (select option 3)

Jean Hailes for Women's Health

Women's health information and services. Multilingual resources available.

Maternal and child health nurse

Maternal and Child Health Line: 13 22 29